



## CANDIDATE BIOGRAPHY AND CONSENT FORM

**NAME:** Patty Perez, PT, DScPT, Board-Certified Clinical Specialist in Orthopaedic Physical Therapy

**CITY/TOWN OF RESIDENCE:** Birmingham

**APTA MEMBERSHIP (years):** 29 years

**ALABAMA CHAPTER MEMBERSHIP (years):** 29 years

**SECTION MEMBERSHIP:** Orthopaedic, Education

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**EDUCATION:** 1983: BS PT: University of North Carolina at Chapel Hill  
1993: MS PT: University of Alabama at Birmingham  
2011: DScPT: University of Alabama at Birmingham

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**PREVIOUS BOARD EXPERIENCE:** Vice President August 2019 - Present

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**PERTINENT EXPERIENCE:** Served as Chair of the Education Committee (2013-2019)

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**PLEASE PROVIDE AN ANSWER TO THE FOLLOWING QUESTIONS FOR YOUR POSITION (500 WORDS OR LESS):**

President

1. What do you perceive as the most important interpersonal skills that are needed by the President of the AL Chapter, APTA?

I believe that effective communication is a critical interpersonal skill for anyone in a leadership role. This includes the ability to utilize strategies for both verbal and nonverbal communication, and perhaps most importantly, the ability to listen effectively. In addition, I believe an effective leader must be able to make sound decisions through application of solid problem-solving skills. Finally, I believe approachability is an interpersonal skill that allows a good leader to engage stakeholders within and beyond the organization to foster engagement at all levels to achieve goals.

2. What do you perceive as the greatest challenge facing the profession in Alabama at this time and how can the Chapter help?

I believe the greatest challenge facing PT in the state of Alabama is limited access to our services by consumers throughout the state. While many assume that this relates to the current status of restricted direct access, I believe it goes further than that. Certainly, achieving unrestricted direct access to PT services would improve access for many throughout the state, access is also affected by insurance issues, staffing issues, and service infringement issues. The chapter has consistently worked to improve access to PT services in Alabama by engaging in discussions with stakeholders on a state and national level. I think that the Chapter can continue to assist in these efforts by improving membership numbers, encouraging member engagement in state and national organizations, and assisting with efforts to educate and engage consumers/colleagues/legislators.

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### **CONSENT TO SERVE STATEMENT**

I acknowledge the duties of the above position have been provided to me and I agree to serve in the position should I be slated and then elected. I am willing and able to attend all APTA Alabama Meetings as requested. I agree to be responsive to electronic communications as part of conducting the business of APTA Alabama.

Signed: (electronic signatures accepted) Patty Perez, PT, DScPT 5/15/2020

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